

GP Practice		Patient Demographics	
ROWLANDS CASTLE SURGERY 12 THE GREEN ROWLANDS CASTLE HAMPSHIRE PO9 6BN  <b>NACS Code</b> J82005  <b>Referring GP Practice</b> PRESCRIBING COST CENTRE - CIRCLE HEALTH GROUP		<b>Patient</b>  Mr James Saint 6 Brunswick Place Emsworth Hampshire PO10 7UB (09/09/1977)	
		<b>EMPI Number</b>	22141884

Admission & Discharge Details			
<b>Consultant</b>	Dr Omar Malik	<b>Speciality</b>	Neurology
<b>Admission Date</b>	31/07/2025	<b>Discharge Date</b>	31/07/2025
<b>Admission Type</b>	Elective Booked	<b>Length of Stay</b>	0 days
<b>Presenting Complaint</b>	Lumbar puncture		
<b>Primary Diagnosis</b>			
<b>Secondary Diagnosis</b>			
<b>Patient Placed On PIFU</b>	No	<b>PIFU End Date</b>	

Procedures			
Date	OPCS Code	Description	Additional Description

Clinical Summary	
<p>Eat and drink as normal. Increase fluid intake 2-3L liters per day. Take caffeinated drinks.</p> <p>Take pain relief regularly for 48 hours, even if not in pain, to avoid onset of pain</p> <p>Mobilise gently and change position slowly from getting out of bed, sitting, and standing for a few days</p> <p>Keep pressure dressing for 48 hours then remove</p> <p>Mobilise frequently and have plenty of rest</p> <p>No heavy lifting or doing any strenuous activities for 1-2 weeks</p> <p>Following your discharge you are advised to contact Mount Alvernia with any concerns on 01483 442629 or 01483 570122 and speak to nurse in charge. We can provide:</p> <ul style="list-style-type: none"> <li>1 Telephone advice.</li> <li>1 Outpatient Clinic appointment for a face to face review with our resident medical officer.</li> <li>1 Contact your admitting consultant for advice on how to deal with your concern or potentially book you into outpatient clinic or re-admit you to the Hospital (subject to Covid Restriction).</li> <li>1 We may also suggest you contact 111 (NHS service) or 999 (Emergency Services) if it is felt we are unable to support your concern or you require further investigation or urgent/emergency treatment.</li> </ul> <p>Please be advised that if you have any post-operative concerns or complications following your discharge that require you to be re-admitted to hospital, you may be referred to Royal Surrey County Hospital or Frimley Park.</p>	

Medications & Medical Devices			
Medicines supplied by hospital on discharge	Medication	Quantity	Dosage Instructions
<b>Allergies &amp; Adverse Reactions</b>			

Continuing Needs and Follow Up Arrangements	
<b>Results Awaited</b>	
<b>Follow Up Details</b>	Clinic to be arranged by secretary
<b>Arranged</b>	

Further detail to follow.

