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Sent by Email

Subject: Supplementary Symptom Update Ahead of 31 July Procedure

Dear Dr Malik,

Ahead of the upcoming lumbar puncture and CT scan, I wanted to briefly highlight a few additional symptoms that may be clinically relevant. I share these not to overcomplicate the picture but in case they help form a clearer pattern, particularly given the predominantly left-sided distribution.

1. THROAT / CRANIAL

- Tightness from left throat to clavicle, especially with speech or stress
- Subtle voice fatigue and difficulty projecting
- Persistent mid-throat phlegm sensation, modulated by head position
- Pressure radiating from behind left nostril into sinus, palate, and ear

2. LEG / GROIN

- Left calf heaviness, tingling, and arch tenderness
- Instability in left foot (collapsing sensation)
- Neuropathic discomfort radiating from groin to testicle and penis

3. ABDOMINAL / HIP

- Recurrent pain in left lower abdomen and groin, following recent diverticulitis diagnosis from gastroenterology
- Deep tightness affecting hip flexion and posture, possibly involving iliacus or psoas
- Left hip feels impinged and restricted during movement

4. UPPER LIMB

- Persistent tightness through left shoulder and armpit, radiating into wrist
- Episodes of tingling and numbness in the left arm and hand

I wonder whether these could reflect linked involvement of cranial or peripheral nerves, or perhaps some shared central process. I completely trust your view on what's relevant here, but wanted to flag these in case they help inform the broader neurological pattern you're investigating.

Thank you again for your careful approach and ongoing support. I remain very keen to understand whether this picture could relate to a vaccine-triggered neuroinflammatory condition, and I appreciate your help in pursuing diagnostic clarity.

Regards,

A handwritten signature in black ink, consisting of a stylized 'J' followed by a series of loops and a long horizontal stroke.

James Patrick Saint