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Consultant Neurologist (GMC No: 3276389)

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Clinic Date: 31 July 2025

Dear Doctor

Re: Mr James SAINT - dob 09/09/1977
6 Brunswick Place Portsmouth Hampshire PO10 7UB
07544 405 471 james@james saint.com

I saw this gentleman as a day case attender at Mount Alvernia Hospital on the 31st July 2025.

James was consented for a diagnostic CSF examination under local anaesthesia using a strict aseptic technique.

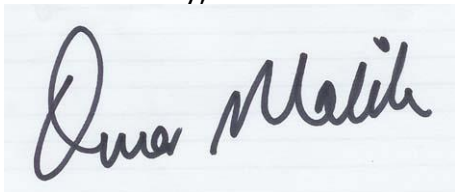
3 mLs of 1% lignocaine were infiltrated into the L3/4 space and after the first pass clear colourless fluid was obtained.

Samples were sent for microscopy, protein, serum and CSF glucose, serum and CSF oligoclonal bands, serum and CSF ACE as well as Borrelia testing.

He was given relevant post procedure advice in regard to fluid rehydration, caffeinated supplementation as well as bed rest.

I will be reviewing him with the results in 2 weeks' time.

Yours sincerely,



Dr O. Malik
Consultant Neurologist

Cc: Mr James Saint
james@james saint.com