



Private referral

This is a referral for suspected malignancy

(24/03/2025)

1/4

Patient details:

Name: James Saint

Address: 6 Brunswick Place, Emsworth, PO107UB, United Kingdom

 Date of birth:
 09 Sep 1977 (Age 47)

 Phone:
 +44 (0) 7544405471

 Email:
 james@jamessaint.com

 DCA reference no.:
 DCA-002001069

 Insurance member no.:
 Not Known

Appointment details:

Ref number: APP-004031907 **Date & time:** 24 March 2025, 11:00

Clinician: Dr M Mottaleb GMC: 6141385

Disclaimer: Please be advised that this referral letter must not be used as a request for investigations. These might be blood tests or imaging tests like x-rays. If this referral letter is used to request investigation(s) on behalf of a patient, then Doctor Care Anywhere cannot be held responsible or liable for receiving or acting upon any results that come from these tests.

Referral service:

Fast Track to AXA PPP

Speciality:

Colorectal Surgery

Colleague

Dear Colleague,

Thank you for seeing this patient who has consulted on the Doctor Care Anywhere platform today. Their history and consultation notes are as follows:

Presenting complaint

Rectal Symptoms

History of presenting complaint & examinations

Patient identity and location confirmed Video consultation was booked but continued via telephone GP surgery confirmed - PO9 6BN, Rowlands Castle

Sx over the last 18months

Daily occurrence

Urgency in morning to open bowels

Urgency lasts through moning until approx 13.00

BO 3-4times over 3-4hours

[Continued overleaf]



Patient details:

Care Quality Commission

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Continued

Formed stool

Feels sensation of incomplete bowel emptying

Bloated in the evenings

Some loss of appetite

Selective eating

Had noted blood in pan, last happened 8-9months

Nil black stools

Seen by GP a year ago - nil haemorrhoids noted/had stool sample

Lower left abdominal pain, going into groin

Weight loss 8-10kg, over 18months - dietary changes

Father had bowel polyps - not sure of nature

Spoken to someone who advised needs to have a review, hence appt today

Ex smoker , stopped 4years ago

Occasional vape

[Continued overleaf]



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Continued

ETOH: nil

O/E: alert and comfortable at rest, talking in full sentences, abdo: self exam: soft, left sided tenderness and more firmness than right

Past medical history

Depression

Medications

Nil

Allergies

Penicillin - Other

Family history

undefined

Suspected Diagnosis

Change in bowel habit, abdominal pain

Recommended actions

We have discussed your symptoms. I would like to refer you urgently to see a Specialist. You will find the referral letter in your DCA profile. If you are happy with this, please consent for it to be shared with your insurance company. Please call them for an urgent review.

If you are unable to be seen privately within 3 weeks please see your NHS GP for a face to face review

If you notice any change in your symptoms, such as severe/persistent abdominal pain, fever, feeling unwell, black stools, bloody diarrhoea, vomiting blood then please seek a same day face to face review

Notes to your GP

None added

[Continued overleaf]



Care Quality Commission

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Continued

Notes to your GP

Allergies

Penicillin - Other

I would appreciate your review of this patient given the history and ongoing symptoms. Many thanks

Yours sincerely, Dr M Mottaleb

Please also copy any further correspondence to the patient's GP

Dr M Mottaleb (GMC: 6141385)

Signature:



Dr Tim Bray, MRCGP is the accountable GP, Chief Medical Officer and CQC registered Manager of this referral.