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RE/ KR
10 April 2025

Dr E Smiley
Rowlands Castle Surgery
12 The Green
Rowlands Castle
Hampshire
PO9 6BN

Dear Dr Smiley

**Re: Mr James SAINT - dob 09/09/1977
6 Brunswick Place Emsworth Hampshire PO10 7UB**

Problem: Left sided abdominal pain radiating to groin
Urgency of stool
Two weeks of fresh rectal bleeding last year
Plan: Colonoscopy
Ultrasound scan of abdomen

I saw James in clinic. He had consulted a private online GP service via his health insurance and who have recommended the appointment with me.

He has had left sided abdominal pain that starts in the upper abdomen and then radiates down the left side of his abdomen and into the groin. It is a fairly continuous pain that he feels like a stitch.

He has also had urgency of stool, which started around 18 months ago. He wakes up in the morning needing to open his bowels and can open his bowels three to four times with some urgency and an ongoing sensation of incomplete evacuation. There has been no mucous production. However, last year he did have two weeks where he noticed blood in the toilet pan every day but this has not recurred since.

He has a family history of colonic polyps.

Clinical examination is normal.

I have requested an ultrasound scan of his abdomen and pelvis and will perform a colonoscopy probably on 6 May.

Kind regards
Yours sincerely

Dictated, but sent unsigned to avoid delay

**Dr Richard Ellis
Consultant Physician and Gastroenterologist**

Cc

Mr James Saint, 6 Brunswick Place, Emsworth, Hampshire PO10 7UB

Medical Records, Spire Portsmouth (by email) (portsmouthhospmedicalrecords@spirehealthcare.com)